

ACTIVITY



CHILD
CHAPTER
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My Safety Pledge

Complete Your Safety Pledge,
Fill in the missing words to finish the pledge.

- I will never stay _____ if anyone makes me _____, _____ me, or touches my _____ body parts and says it is a game or asks me to keep it a secret.
- If one trusted person doesn't help, I will tell _____. I will keep _____ until someone helps me.
- If no one helps, I will call the ChildHelpline at _____ or the Police at _____. They will surely _____ me and keep me _____.

(Answers: silent, uncomfortable, troubles, private, another trusted person, telling, 1098, 100, help, safe)

Read and Repeat Aloud: After completing the pledge, read the entire pledge aloud like My Safety Pledge.

Your Safety Checkpoint:

Tick ✓ for the right answer and a cross ✗ for the wrong answer.

1. If your trusted person didn't listen to you, what should you do?

- A. Stay silent and keep it to yourself. ☐
B. Tell another trusted person. (Keep telling until someone helps you!) ☐

2. Who can you call if no one listens to you and no one helps you?

- A. ChildHelpline at 1098 ☐
B. Police at 100 ☐
C. You can call Both ☐

(Answers: 1. B, 2. C.)



Read & Remember ..

My Name is Little Rabbit. I am Fast and Caring.

"I have big ears and heard what happened to Vihan, but I couldn't speak. You can! If someone touches your private body parts or makes you uncomfortable and says, 'It's our secret' or 'It's just a game, don't tell anyone,' don't stay quiet. Tell a trusted person immediately. If the trusted person doesn't take action, tell another trusted person. Don't stop telling until someone helps you!"

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